



ASIA FUNGAL
WORKING GROUP
an ISHAM working group

Is prophylaxis of *Pneumocystis jiroveci*
necessary during use of biologic agents
in HIV-uninfected patients ?

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Before the talk...

Have you ever
prescribed biologic
agents?

Have you
encountered
opportunistic
infection?

I have no conflict of interest



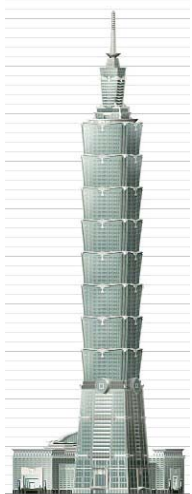
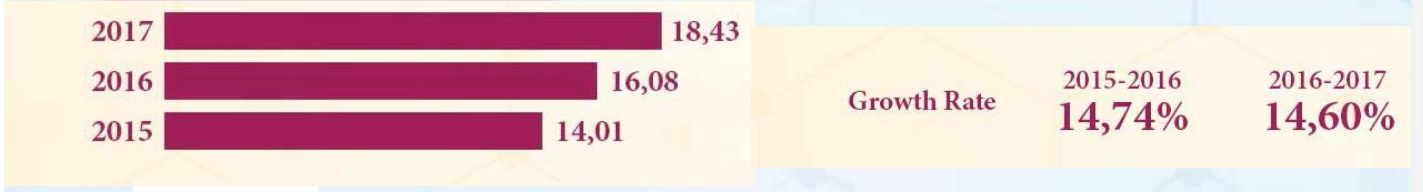


TOP 20 BEST SELLING DRUGS IN 2018



1 **HUMIRA**
adalimumab

Company **AbbVie**
API **Adalimumab**
Indication **Autoimmune diseases**



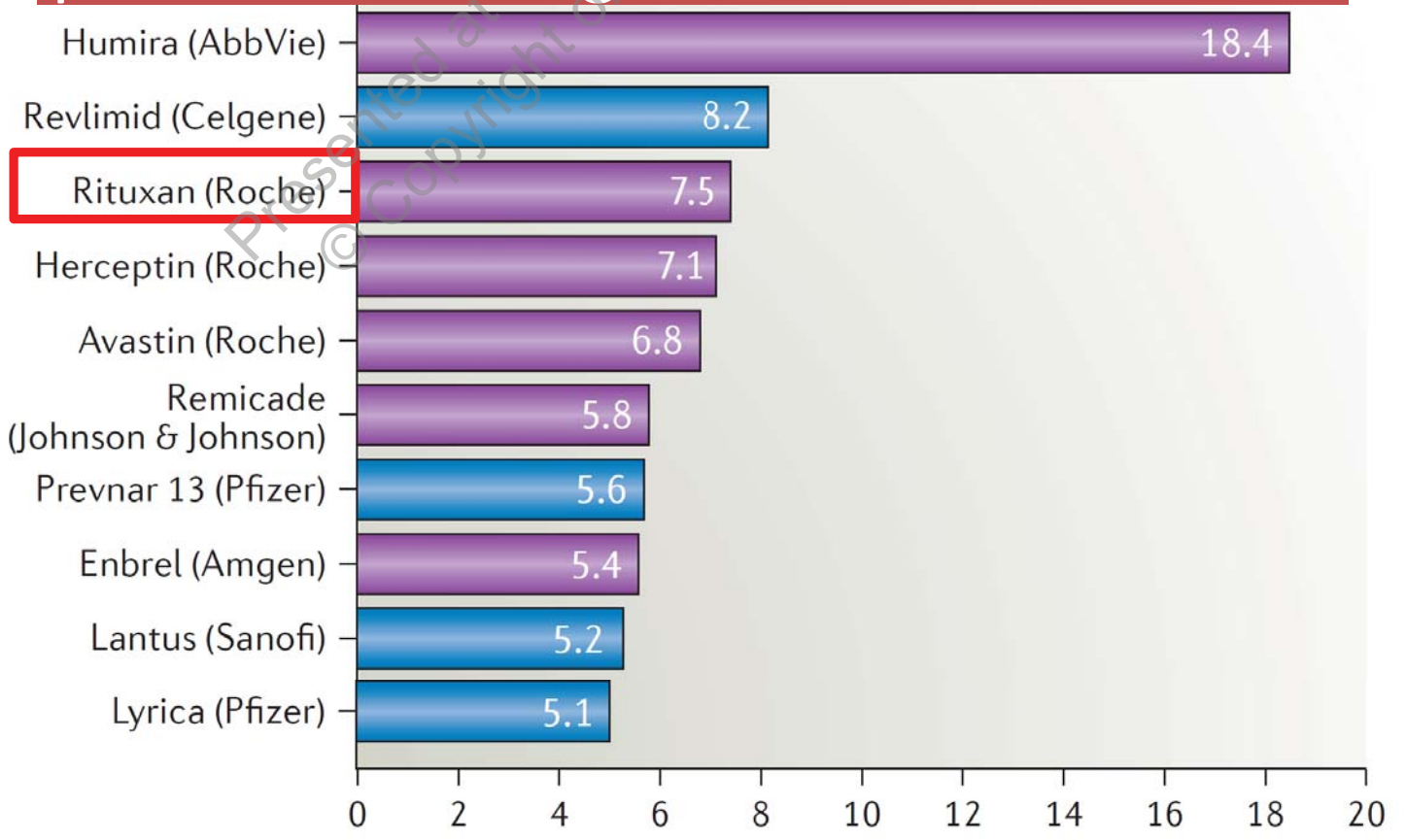
US \$ 1.9 billion

US \$ 18.4 billion / year

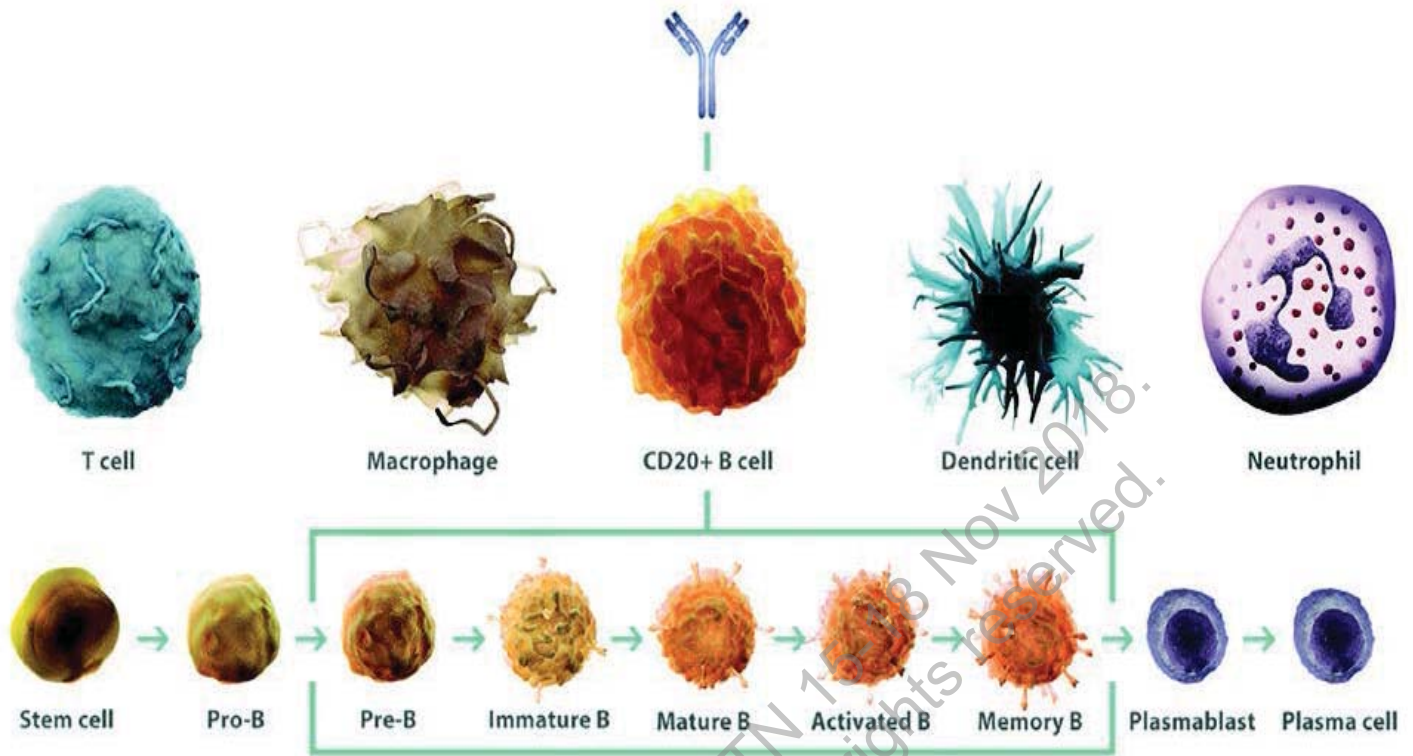


9.4

In perspective, there will be much more patients receiving these treatment



Rituximab (Rituxan[®]) (anti-CD20 monoclonal antibody)



List of FDA approved indications

| Year | Indication |
|------|---|
| 1997 | Non-Hodgkin lymphoma |
| 2006 | First line therapy (plus CHOP chemotherapy) for diffuse large B cell lymphoma |

In general, biologic agents rarely cause severe opportunistic infection

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Era of Biologic Agents

New Hope
New Challenge
~~New~~ Guidelines

Outlines

01

Case
sharing

02

*Pneumocystis
jiroveci*
pneumonia
(PJP)

03

non-HIV
with PJP

04

Prophylaxis

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Outlines

01

Case sharing

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Pneumocystis jirovecii

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non-HIV

04

Prophylaxis

61 year-old man Pemphigus vulgaris (PV)

PV stable for 1 year

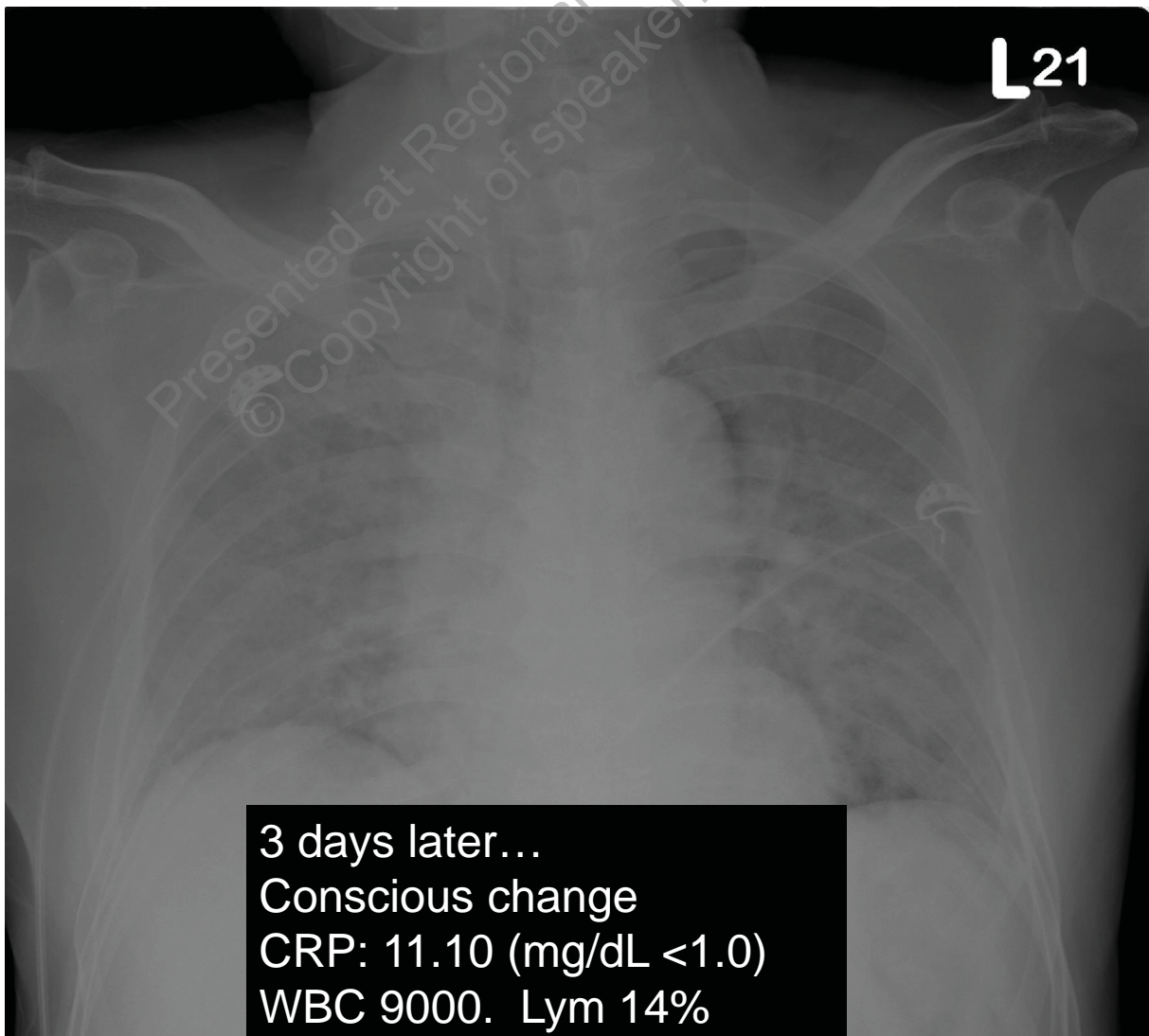
Pred. 20mg/day
AZA 100mg/day
HCQ 400mg/day

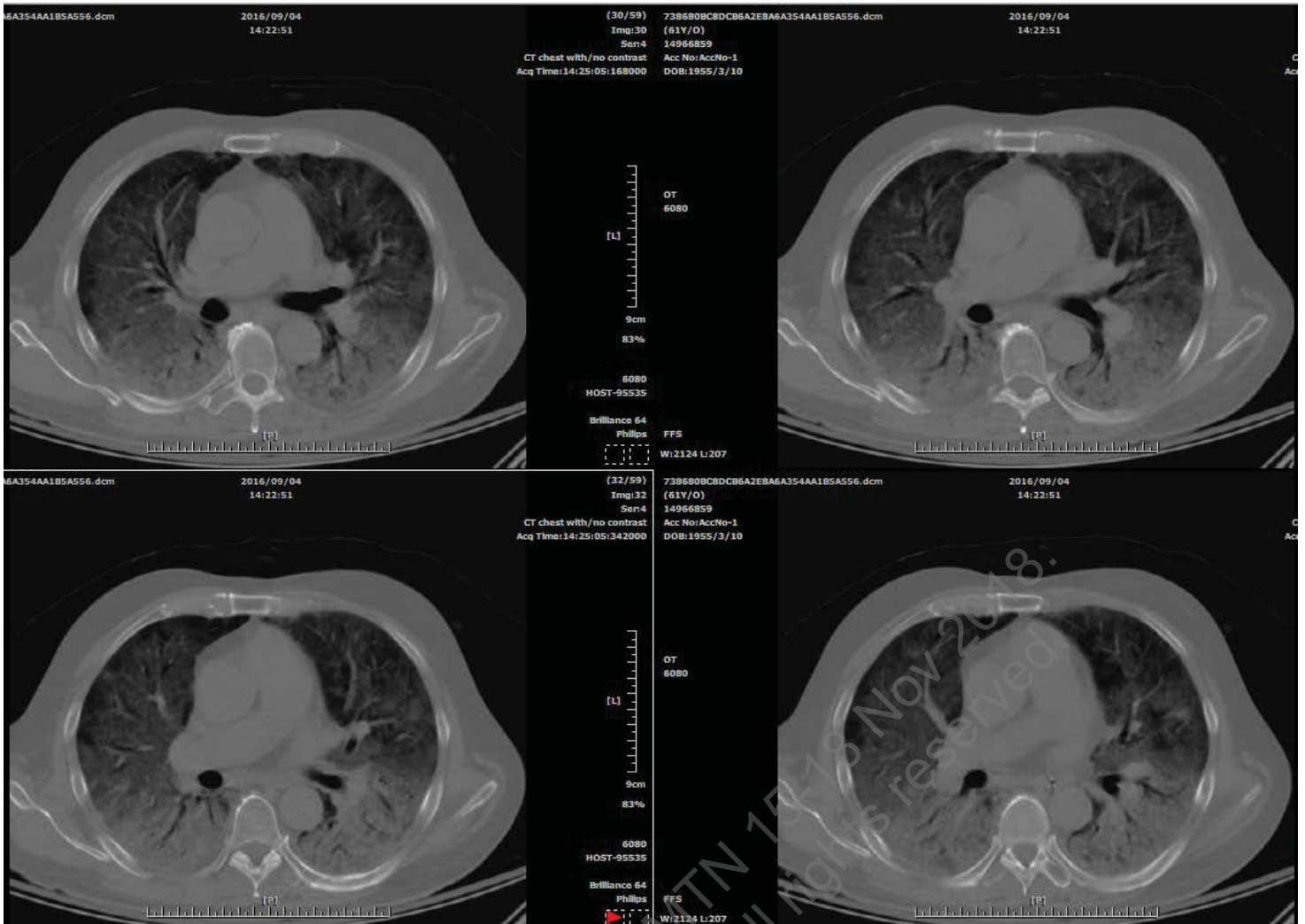
Abbreviations

PV: pemphigus vulgaris
Pred. : Prednisolone
AZA : Azathioprine
HCQ : Hydroxychloroquine
MMF : Mycophenolate mofetil
RTX : Rituximab

One month after rituximab:
No new blisters for three weeks
Steroids was in tapering

- Post-herpetic neuralgia +++
- He felt too painful, thus he tried to cough to release the pain
- It was so painful, that continuous dry cough became severe for 3 days





Unfortunately, 27 days later....

Rest In Peace

PJP is an opportunistic infection related with low CD4 T cells.

Rituximab is targeting B cells, not T cells

Who should be blamed?

Corticosteroids



Mycophenolate
Azathioprine



PJP is an opportunistic infection related with low CD4- T cells.

Since rituximab is targeting B cells, not T cells...

It must be an accident.



Determining the Incidence of *Pneumocystis* Pneumonia in Patients With Autoimmune Blistering Diseases Not Receiving Routine Prophylaxis

Kyle T. Amber, MD; Aniek Lamberts, MD; Farzan Solimani, MD; Arianna F. Agnoletti, MD; Dario Didona, MD; Ilona Euverman, HND; Emanuele Cozzani, MD, PhD; Lee Haur Yueh, MBBS, MRCP, MMed, FAMS; Giovanni Di Zenzo, PhD; Yael Anne Leshem, MD, MCR; Daniel Mimouni, MD; Michael Hertl, MD; Barbara Horvath, MD, PhD

IMPORTANCE *Pneumocystis pneumonia* (PCP) is a potentially lethal opportunistic infection that primary prophylaxis can help prevent. The risk of prophylactic therapy must be weighed against the incidence of PCP in the patient population. Prophylaxis most frequently involves trimethoprim-sulfamethoxazole, with second-line therapies, including atovaquone, dapsone, and pentamidine. The indication for prophylaxis in immunocompromised patients without HIV is less well defined. Previously, an incidence of at least 3.5% has been proposed as a cutoff to justify prophylaxis.

OBJECTIVE To assess the incidence of PCP in patients with autoimmune blistering diseases receiving no routine prophylaxis.

DESIGN, SETTING, AND PARTICIPANTS This was a retrospective analysis of patient medical records to determine the incidence of PCP infections. The multicenter study was performed at tertiary care centers that provide care for patients with autoimmune blistering disease in Germany, Italy, Singapore, Israel, and the Netherlands. Patients had a confirmed diagnosis of pemphigus vulgaris/foliaceus, bullous pemphigoid, epidermolysis bullosa acquisita, mucous membrane pemphigoid/cicatricial pemphigoid, or anti-p200 pemphigoid.

MAIN OUTCOMES AND MEASURES To determine the incidence of PCP defined as patients with the *International Classification of Diseases, Ninth Revision (ICD-9)*, code 136.3, for PCP, or free text documentation of PCP occurring based on characteristic radiographic findings with elevated lactate dehydrogenase, or hospitalization for pneumonia with bronchioalveolar lavage demonstrating *Pneumocystis jirovecii* on confirmatory stains.

RESULTS A total of 801 patients with autoimmune blistering diseases were included in this study; their mean (SD) age was 66.5 (17.6) years, and a total of 465 (58%) were female. Only 1 patient developed PCP, resulting in an incidence rate of 0.1%. This incidence significantly fell below the recommended threshold of 3.5% (0.1% vs 3.5%, $\chi^2 = 27.0$; $P < .001$). This incidence was significantly lower than the previously reported incidence of PCP in all immunosuppressed dermatologic patients (0.1% vs 1.3%; $\chi^2 = 8.2$; $P = .004$).

Amber KT, et al. *JAMA Dermatol.* 2017;153(11):1137-1141.

Determining the Incidence of *Pneumocystis* Pneumonia in Patients With Autoimmune Blistering Diseases Not Receiving Routine Prophylaxis

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IMPORTANCE *Pneumocystis pneumonia* (PCP) is a potentially lethal opportunistic infection

- 1 of 801 (0.1%) autoimmune blistering disease patients developed *Pneumocystis pneumonia*
- 1 of 140 (0.7%) patients receiving rituximab

MAIN OUTCOMES AND MEASURES To determine the incidence of PCP defined as patients with the *International Classification of Diseases, Ninth Revision (ICD-9)*, code 136.3, for PCP, or free text documentation of PCP occurring based on characteristic radiographic findings with elevated lactate dehydrogenase, or hospitalization for pneumonia with bronchioalveolar lavage demonstrating *Pneumocystis jirovecii* on confirmatory stains.

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- Routine *Pneumocystis* Prophylaxis does **NOT** seem to be warranted.

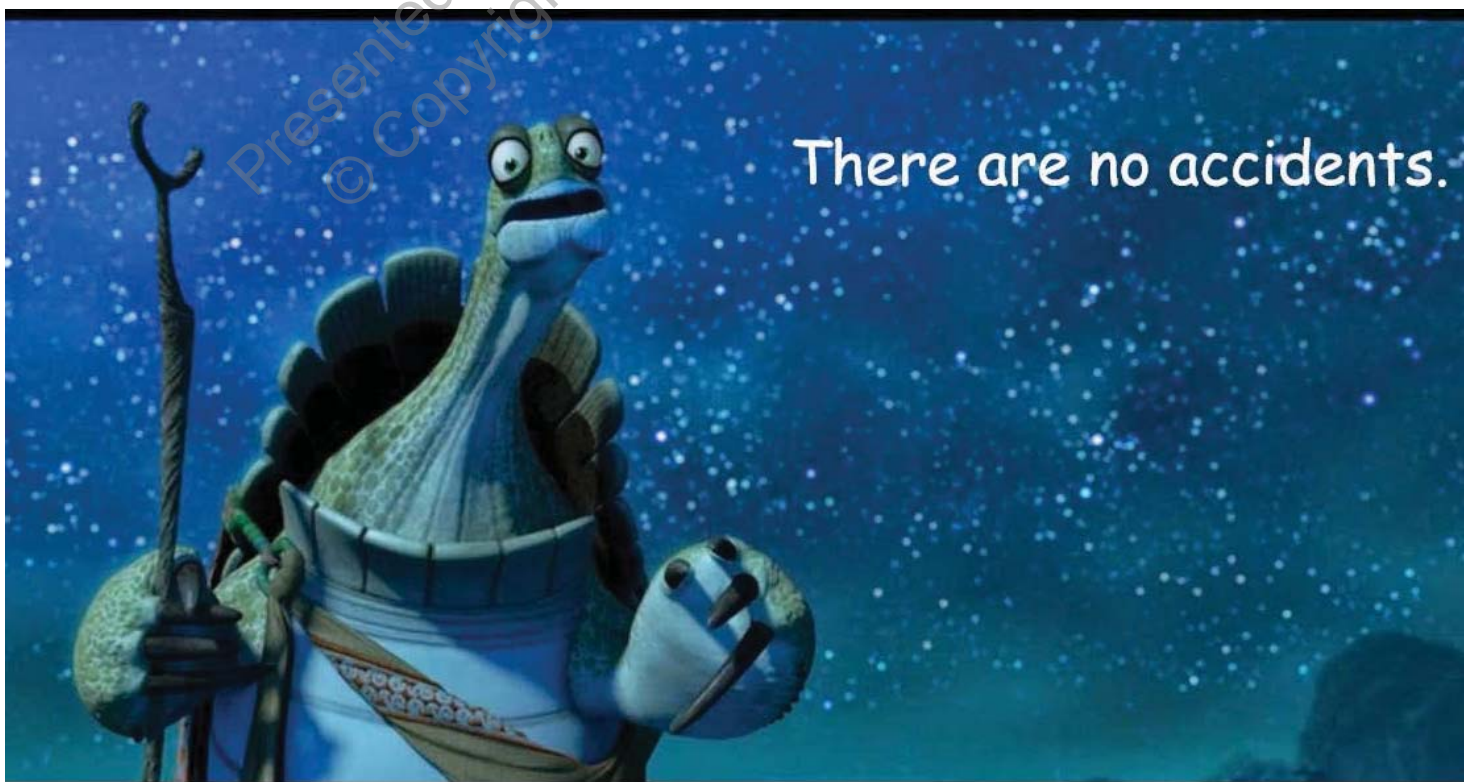
membrane pemphigoid/cicatrical pemphigoid, or anti-p200 pemphigoid.

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But, we found several similar cases, pemphigus with rituximab in the literature



Search PJP in pemphigus patients in Taiwan

National Health Insurance Research Database in Taiwan (2009.01~2013.12)

- Registry for catastrophic illness patients (HV) and the inpatient expenditures by admissions (DD) data
- PJP (ICD9 code: 136.3) in all patients diagnosed with pemphigus (ICD9 code: 694.4)

PJP in pemphigus patients in Taiwan during 2009~2013

391 new diagnosed pemphigus patients

52 of them received rituximab

- None of 339, who received conventional therapy had PJP
- 2 of 52 developed PJP (3.8%)

during 2009 to 2013 in Taiwan

2 Severe PJP cases with intubation

Case 1: 58 year-old man

PV since 5 months

RTX

PJP attacks

Pneal 40mg/day
AZA 100mg/day

Admission:
9 weeks

Case 2: 33 year-old man

PV since 2 years

RTX

PJP attacks
23 weeks after
last RTX

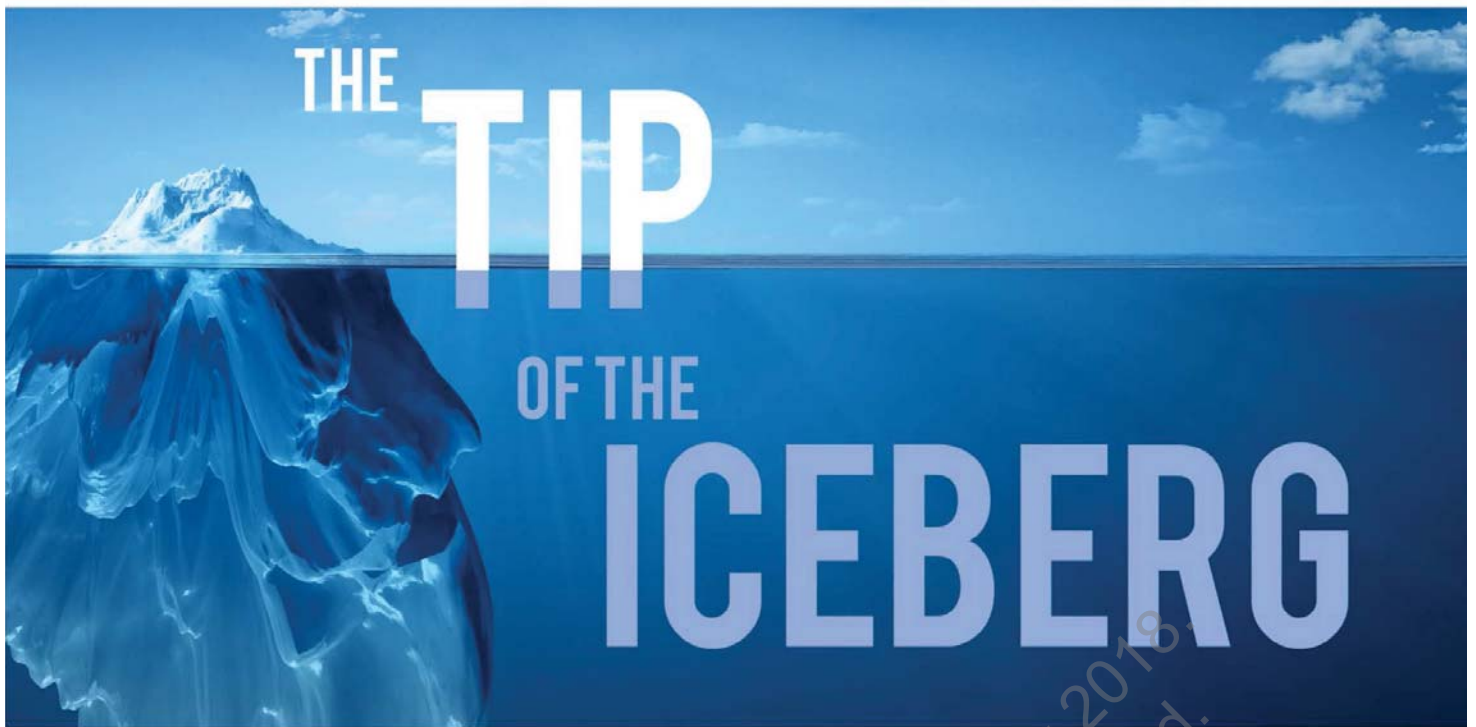
Pneal 30mg/day

3 weeks

It is only the beginning (Rituximab)

Date

| | |
|-----------|--|
| Aug, 2018 | Imbruvica (ibrutinib) Plus Rituximab for Waldenström's Macroglobulinemia |
| Jun, 2018 | Pemphigus Vulgaris |
| Apr, 2011 | Wegener's granulomatosis (WG) and microscopic polyangiitis (MPA) |
| Jan, 2011 | First-Line Maintenance Use in Follicular Lymphoma |
| Feb, 2010 | Chronic Lymphocytic Leukemia |
| Feb, 2006 | Moderate-to-Severe Rheumatoid Arthritis |
| Feb, 2006 | Rituxan Plus CHOP or other Anthracycline-Based Chemotherapy Regimens for First-Line Treatment of Diffuse Large B-Cell Non-Hodgkin's Lymphoma |
| Nov, 1997 | Non-Hodgkin's Lymphoma |



Presented at Regional MMTN 15-18 Nov 2018.
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Outlines

01

Case sharing

02

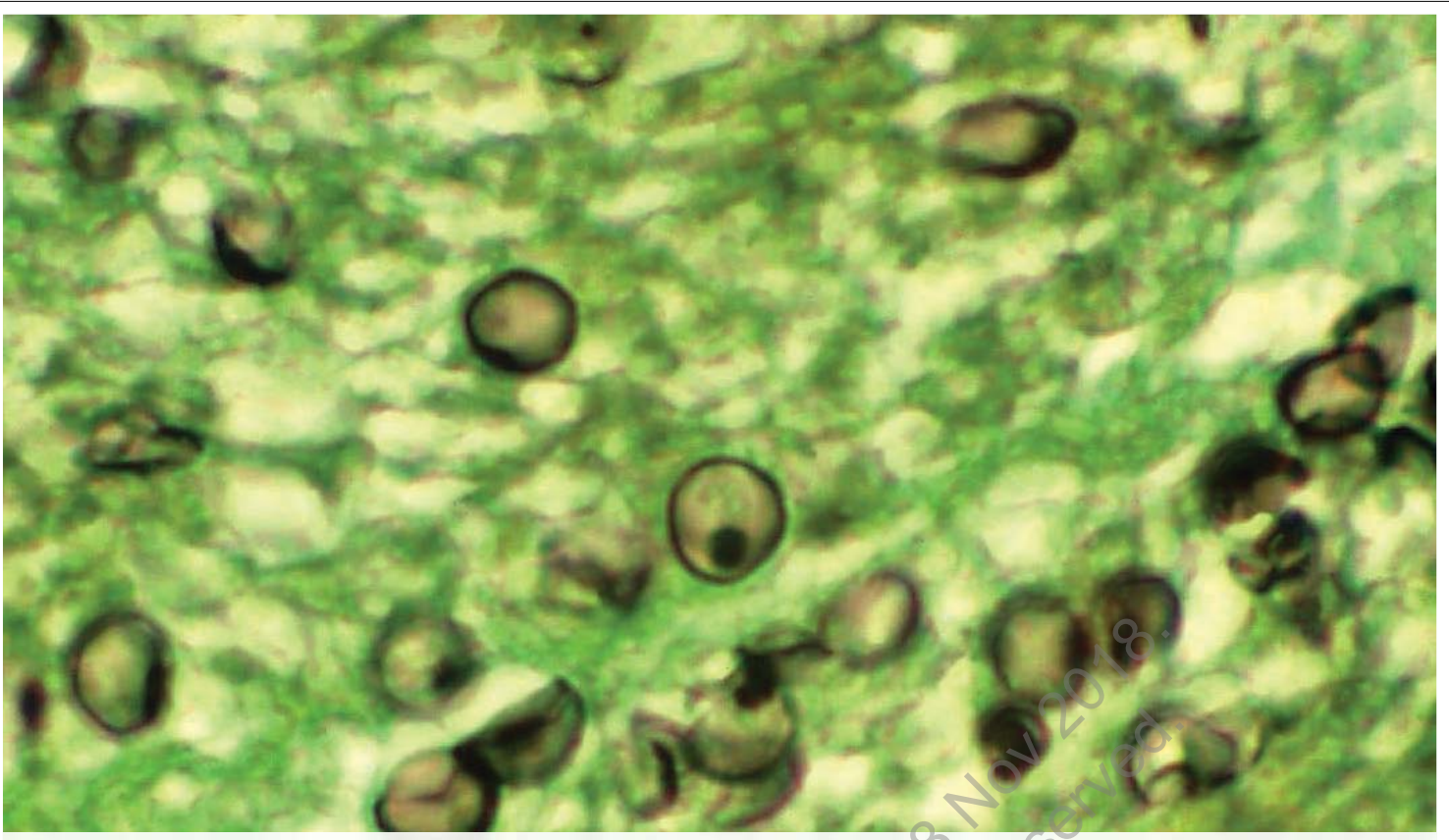
Pneumocystis jiroveci (PJP)

03

HIV vs. non-HIV

04

Prophylaxis



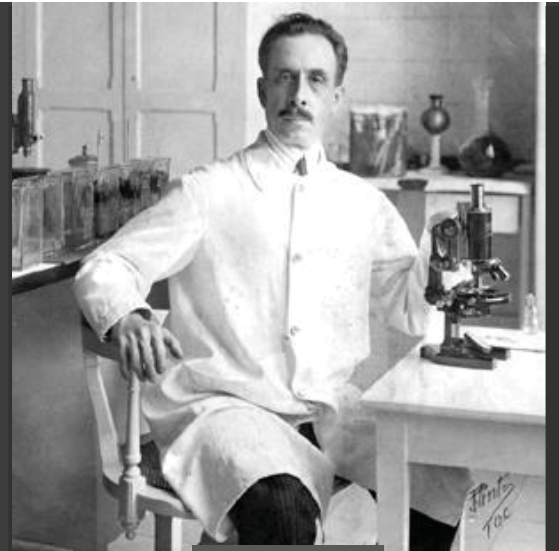
General of *Pneumocystis jirovecii*

Pneumocystis jirovecii (*Pneumocystis carinii*)

1909: Carlos Chagas found cystic forms (lung of guinea pigs)

1910 : Antonio Carini identified it as protozoa (lung of rats)

1952: Otto Jirovec found in human



- 1909 : Carlos Chagas found cystic forms (lung of guinea pigs)
- 1910 : Antonio Carini (lung of rats)
- 1952: Otto Jirovec found in human
- 1976 : opportunistic infection in children (congenital T cell immunodeficiency & hematological malignancies)

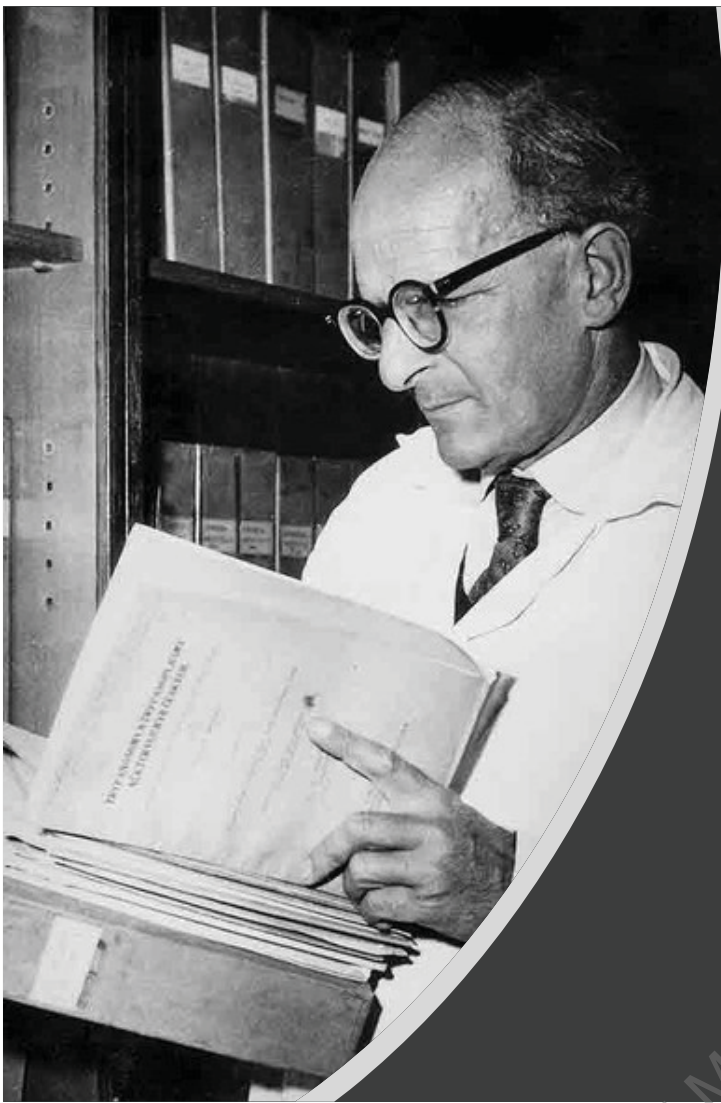
Walzer, Peter D., et al. "Pneumocystis carinii pneumonia and primary immune deficiency diseases." *National Cancer Institute monograph* 43 (1976): 65-74.

- *Pneumocystis* has been found in the lungs of rats, rabbits, mice, dogs, sheep, goats, ferrets, chimpanzees, guinea pigs, horses, and monkeys.
- Protozoan?
(DNA/RNA/ genomic study) --> **fungus!**
- Lack of ergosterol
- **Can not grow in culture --> difficult to study**

- Five species-specific *Pneumocystis* species have been identified:
 - *Pneumocystis carinii*
Pneumocystis wakefieldiae in rats
 - *Pneumocystis murina* in mice
 - *Pneumocystis oryctolagi* in rabbits
 - *Pneumocystis jiroveci* in humans

DNA analyses reveal:

Pneumocystis species infecting lungs of various mammalian species are quite different and **their infection is host specific.**

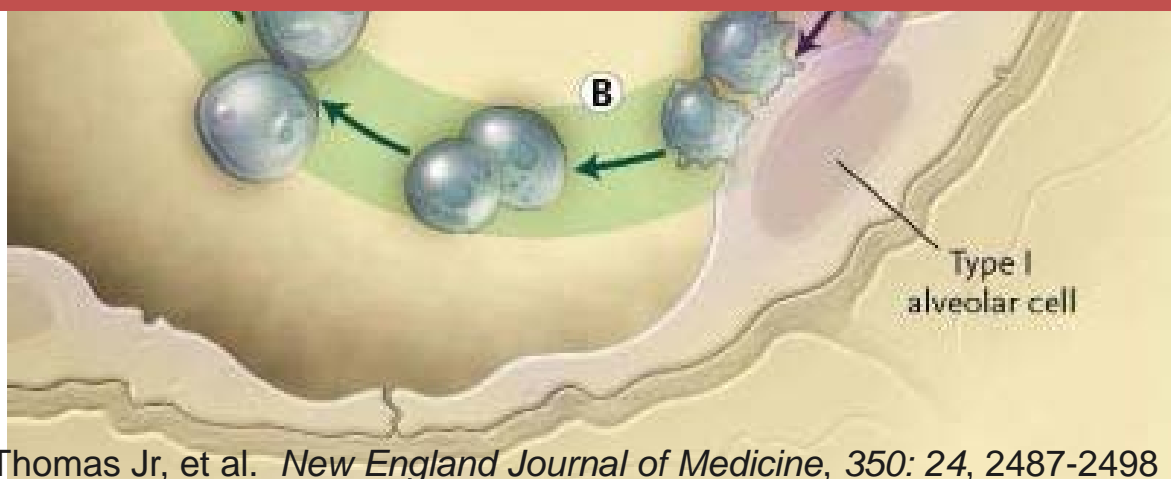


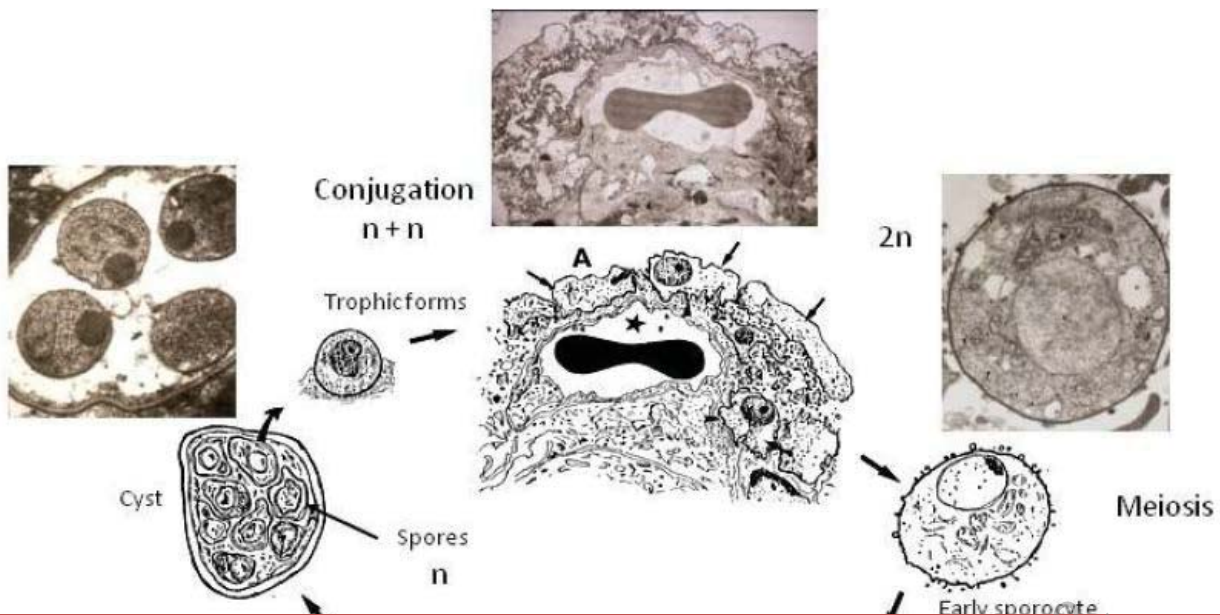
In 1999, the human variant of *Pneumocystis carinii* was renamed *Pneumocystis jiroveci*

Otto Jírovec
1907 – 1972



The life cycle of pneumocystis is complex, and several forms are seen during infection



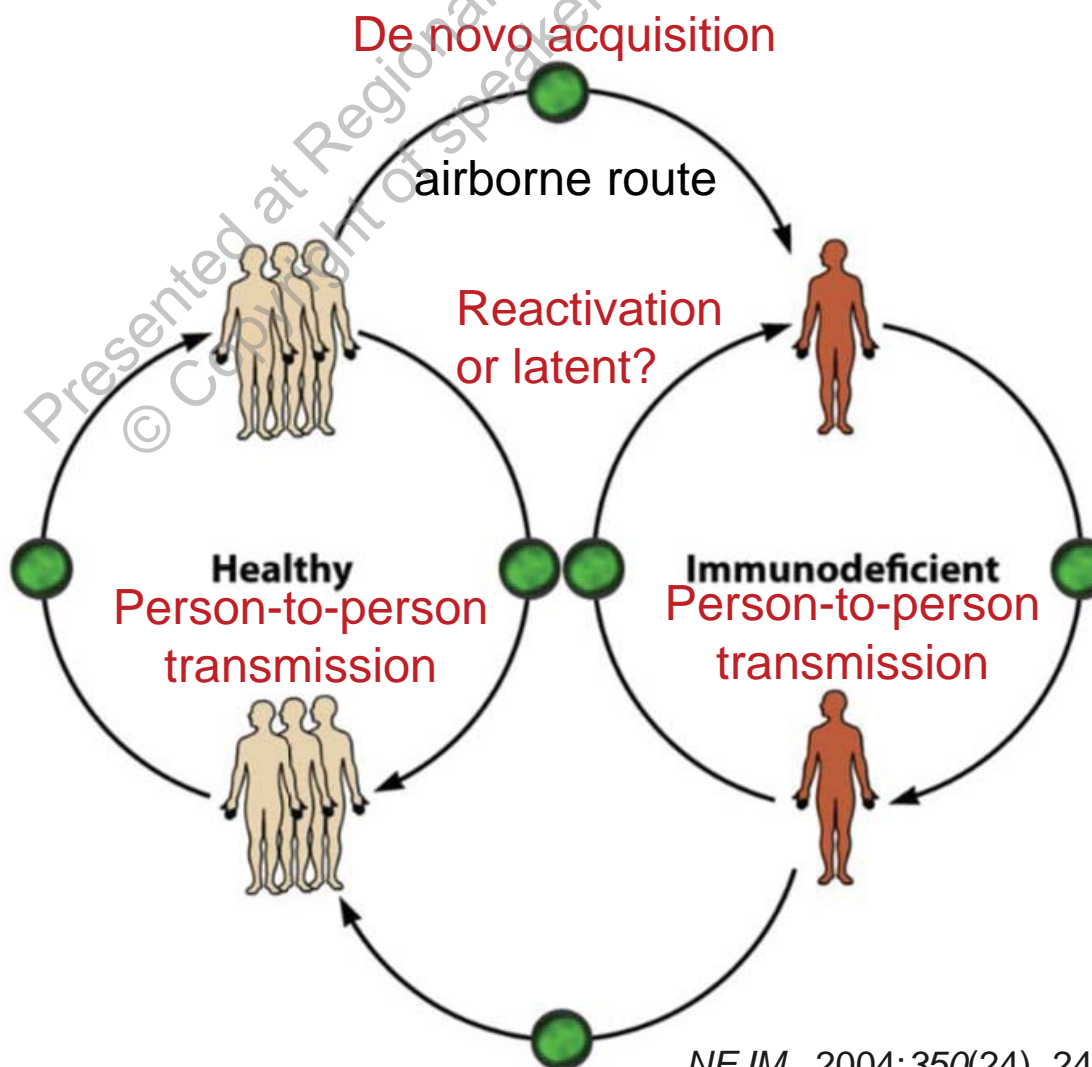


Two predominant life forms

- Trophic form (1-4 μ m in diameter)
- Cyst form (8-10 μ m in diameter)

Three intermediate cyst stages

- Early, intermediate, late precysts



Pathophysiology

- PJP occurs when both **cellular immunity and humoral immunity** are defective.
- Activated alveolar macrophages without **CD4-positive** cells are unable to eradicate *Pneumocystis* organisms.

- Impaired immunity, especially those with **CD4+ T cell count below 200/ μ l**
- Before widespread use of PJP prophylaxis and effective ART, PJP seen in **70-80% of AIDS patients** in U.S.A.

Clinical presentation

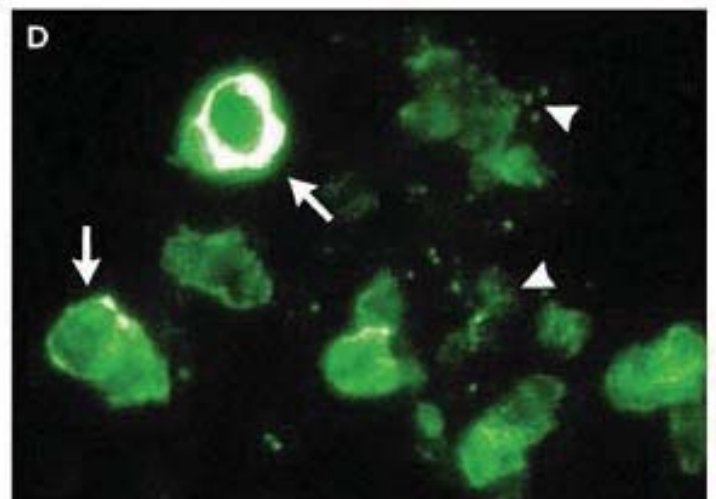
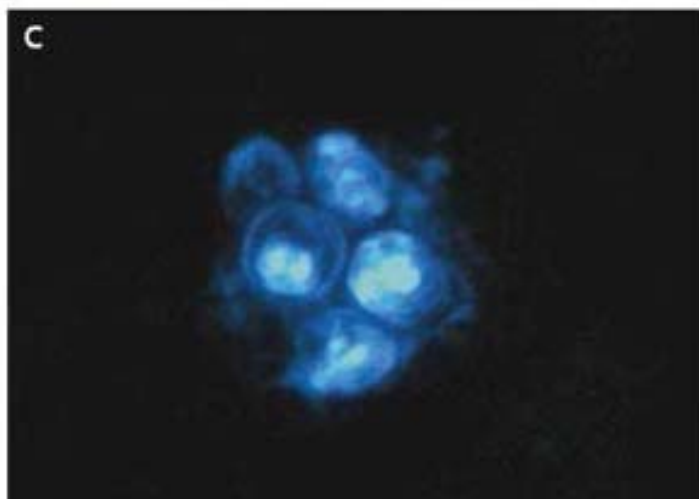
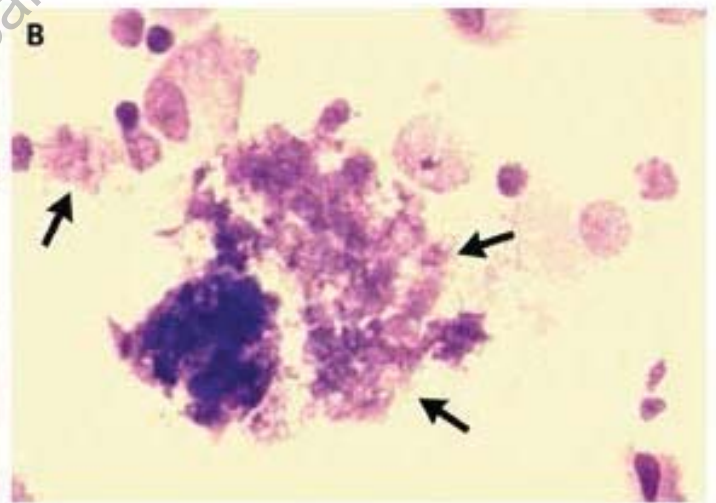
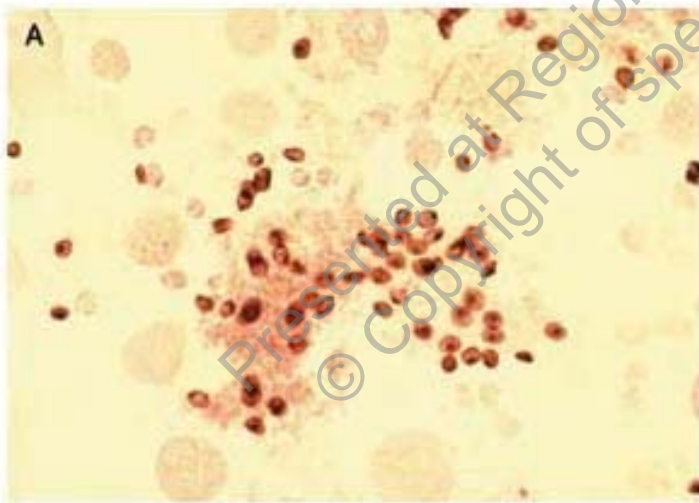
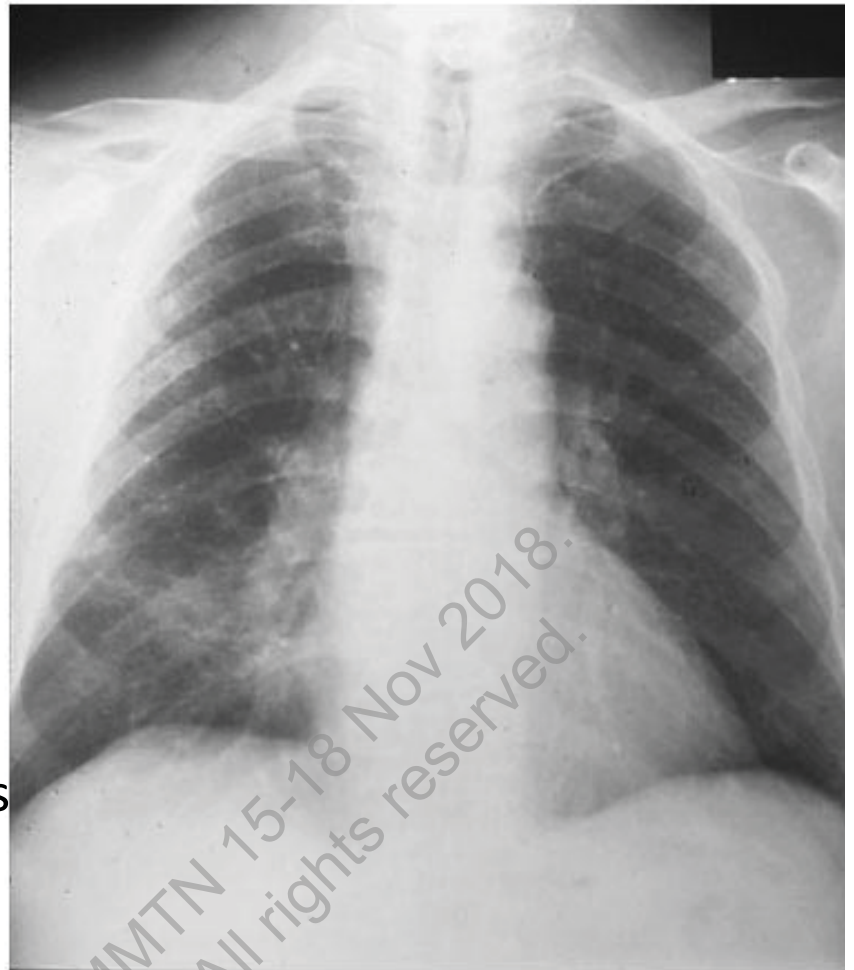
Nonspecific

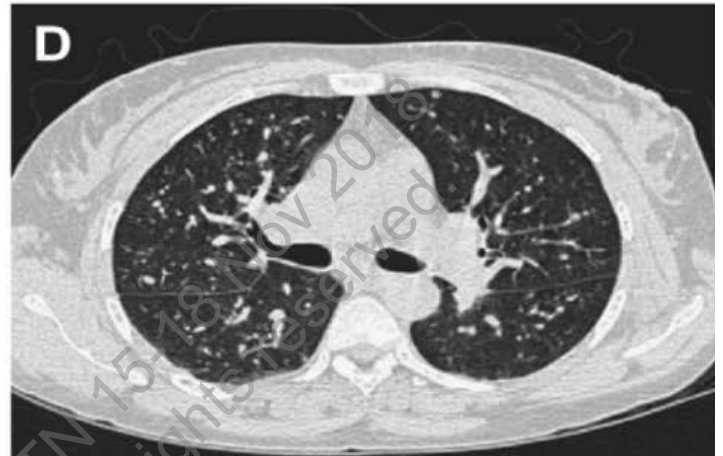
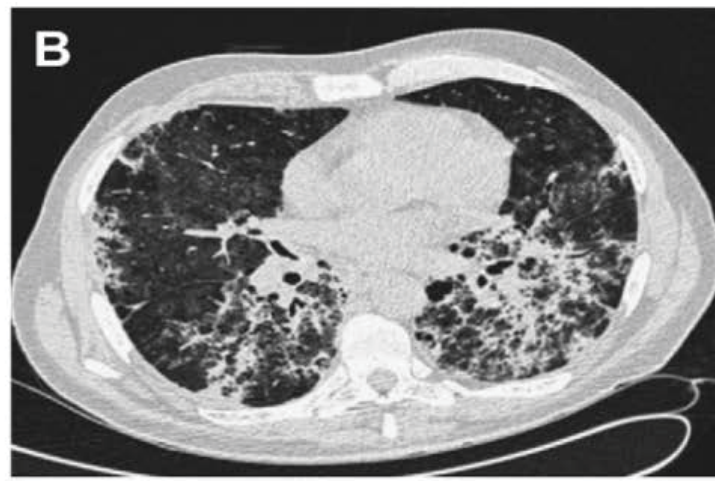
Progressive exertional
dyspnea, fever,
nonproductive cough,
chest discomfort

CXR:

¼: normal

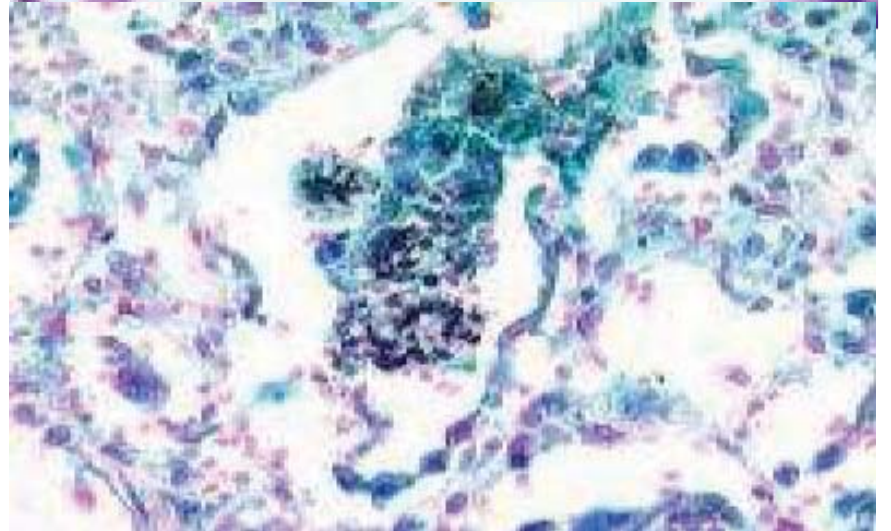
Most: interstitial infiltrates





Histology

- In the past, histopathology is necessary for a definitive diagnosis.
- Now: quantitative PCR for sputum or induced BAL



PJP Prophylaxis

- Trimethoprim- sulfamethoxazole (TMP-SMX):
160/800 mg, three times/week (2 tablets)
or 80/400 mg, one time/day (1 tablet)
- Prophylaxis is highly effective and successful in HIV-positive patients

PJP is no longer a serious issue for HIV patients

CD4 cells less than 200/ μ l is strongly associated with PJP

- a useful threshold to commence prophylaxis

Outlines

01

Case sharing

02

Pneumocystis jirovecii

03

PJP in HIV-uninfected group

04

Prophylaxis

PJP with HIV vs. non-HIV

| | HIV positive | HIV negative |
|---|---------------------|---------------------------|
| Onset | Gradual | Abrupt |
| Progression to respiratory failure | 2 weeks to 2 months | Less than one week |
| Severity of respiratory insufficiency | + | ++ |
| Delayed in diagnosis | | common |
| Organism load | ++ (larger) | + (smaller) |
| Mortality | Less than 10% | 30 - 60% |

| Variables | Odds Ratio (95% confidence interval) | p value | Score points |
|--|---|---------|--------------|
| Age | | <0.0001 | |
| Main risk of intubation and mortality: Delay in giving proper antibiotics (within 3 days onset of respiratory symptoms) | | | |
| Days between respiratory symptom onset and ICU admission | | <0.0001 | |
| <3 days | / | | 0 |
| 3 to 5 days | 4.35 (2.53-7.49) | | +3 |
| >5 days | 4.98 (3.12-7.92) | | +3 |
| Shock at ICU admission | 0.47 (0.29-0.75) | <0.0001 | -1.5 |
| Chest X-ray: not alveolar | 3.31 (1.55-7.06) | <0.0001 | +2.5 |

A Multivariable Prediction Model for *Pneumocystis jirovecii* Pneumonia in Hematology Patients with Acute Respiratory Failure. *Am J Respir Crit Care* 2018

Detection of *P. jirovecii* and PJP diagnosis is more difficult in HIV-negative patients

- The rapid diagnosis of PJP is crucial to reduce mortality and morbidity.
- Low fungal burden in HIV-negative patient.

Can we predict who is in higher risk of PJP (in HIV-negative group)?

Non-HIV with PJP (specific diseases)

- 116 non-HIV patients between 1985 and 1991
 - Hematologic malignancies (30.2%)
 - Organ transplantation (25.0%)
 - Inflammatory disorders (22.4%)
 - Solid tumors (12.9%)
 - Miscellaneous conditions (9.5%)

Yale SH, Limper AH. *Pneumocystis carinii pneumonia* in patients without acquired immunodeficiency syndrome: associated illness and prior corticosteroid therapy.

Mayo Clin Proc 1996; 71: 5-13.

Non-HIV with PJP (specific agents)

- systemic corticosteroids
(>20 mg of Prednisone for greater > 8 weeks)
- cytotoxic chemotherapies (e.g. fludarabine or cyclophosphamide)
- Specific biological agents : **Alemtuzumab**
Deplete T cells, such as anti-CD52 monoclonal Ab

PJP in HIV-uninfected patients with **Rituximab**

30 patients

3 patients received rituximab without steroids or cytotoxic agents

Mayo Clinic in Minnesota, from 1998 to 2011

Martin-Garrido et al. *Pneumocystis pneumonia in patients treated with rituximab*. *Chest*, 144 (1) (2013), pp. 258-265

PJP in HIV-uninfected patients with **Rituximab** (non-malignancies)

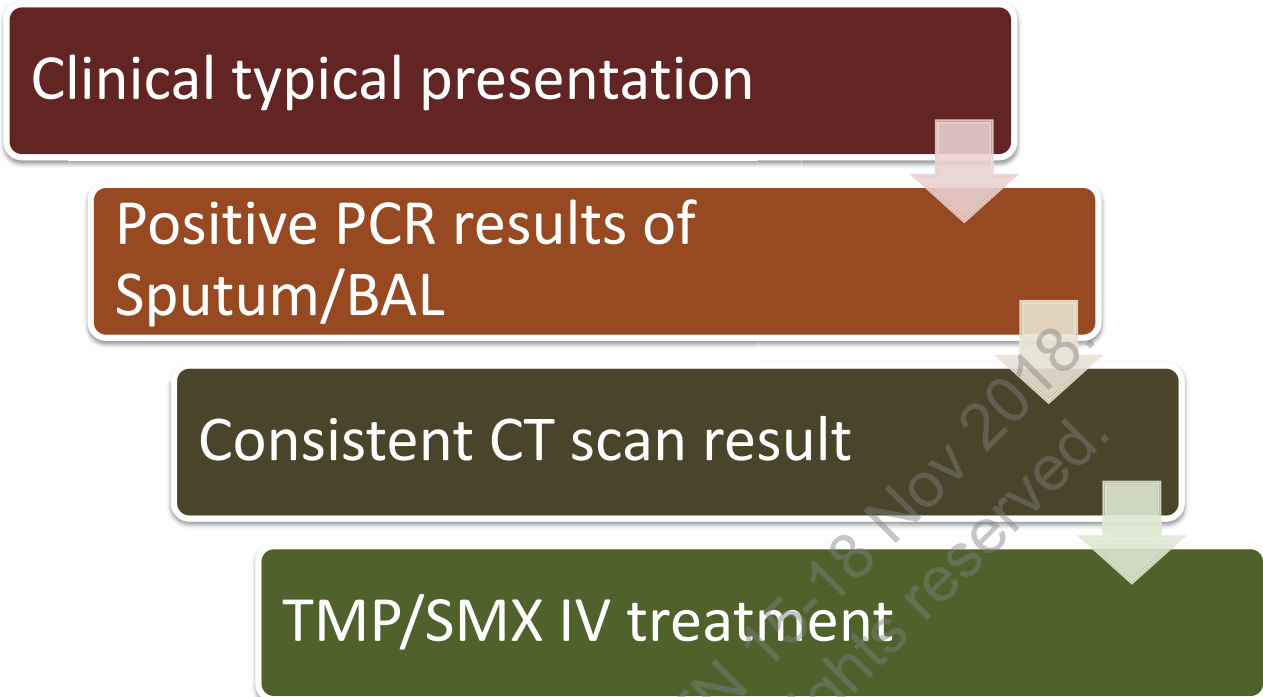
- 11 non-HIV patients:
 - 3 autoimmune haemolytic anemia
 - 3 ANCA(+) vasculitis
 - 2 acquired haemophilia
 - 2 pemphigus
 - 1 dermatomyositis
- overall mortality rate was 27%

Alexandre, K., et al. "*Pneumocystis jiroveci* pneumonia in patients treated with rituximab for systemic diseases: Report of 11 cases and review of the literature." *European journal of internal medicine* 50 (2018): e23-e24.

Is rituximab associated with a higher incidence of PJP?

PJP infection (Algorithm of confirming cases)

2014.05~2016.09 in Kaohsiung Veterans General Hospital



| Disease group of PJP | N= 44 |
|---------------------------------|------------------|
| HIV/AIDS without lymphoma | 22 (50%) |
| HIV/AIDS with DLBCL & rituximab | 2 (4.5%) |
| Non-HIV with rituximab | 5 (11.4%) |
| Others without rituximab | 15 (34.1%) |
| Total | 44 (100%) |

During 2014.05~2016.09 in VGHS, PJP infection were diagnosed in 44 patients.

| PJP infection | N= 44 |
|---------------------------------|------------------|
| HIV/AIDS without lymphoma | 22 (50%) |
| HIV/AIDS with DLBCL & rituximab | 2 (4.5%) |
| Non-HIV with rituximab | 5 (11.4%) |
| Others without rituximab | 15 (34.1%) |
| Total | 44 (100%) |

During 2014.05~2016.09 in VGHKS, PJP infection were diagnosed in 44 patients.

- HIV (-) & Rituximab (+) : 5 cases
 - Idiopathic thrombocytopenic purpura: (1)
 - Pemphigus vulgaris: (1)
 - Lymphoma: (3)

B cell lymphoma, HIV-negative, without hematopoietic transplant patients, treated with rituximab-based therapy in Kaohsiung Veterans General Hospital in Taiwan
2014.05~2016.09

| Type* | Number | PJP |
|-------------------------------|--------|------------------|
| Diffuse large B cell lymphoma | 87 | 2 |
| Follicular lymphoma | 9 | 1 |
| Others ** | 7 | 0 |
| Total | 103 | 3 (2.91%) |

Outlines

01

Case sharing

02

Pneumocystis jiroveci

03

HIV vs. non-HIV

04

Prophylaxis

Is PJP prophylaxis effective for HIV-negative patients?

Definitely yes!

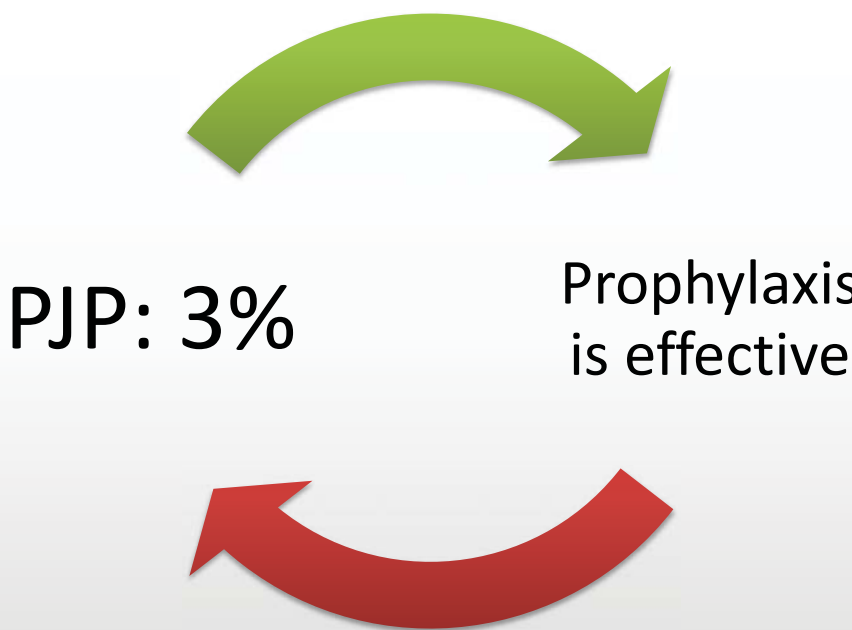


Green H, et al. Prophylaxis of Pneumocystis pneumonia in immunocompromised non-HIV-infected patients: systematic review and meta-analysis of randomized controlled trials. *Mayo Clin Proc.* 2007. September; 82(9):1052-9. .

(literature &
our studies)
PJP is not rare
(3%)

Prophylaxis is
effective





PJP: 3%

Prophylaxis
is effective

No need for
prophylaxis!

Why?

Some specialists tell us not to do
prophylaxis, because ...

- 1. PJP prophylaxis is not safe
- 2. True incidence of PJP is low (your studied sample size is too small)

A systematic review and meta-analysis of randomized controlled trials (ALL) recommended PcP prophylaxis in HIV-uninfected patients when the risk for PJP is >3.5%.

Prophylaxis of *Pneumocystis pneumonia* in immunocompromised non-HIV-infected patients: systematic review and meta-analysis of randomized controlled trials
Mayo Clin Proc, 82 (9) (2007), pp. 1052-1059

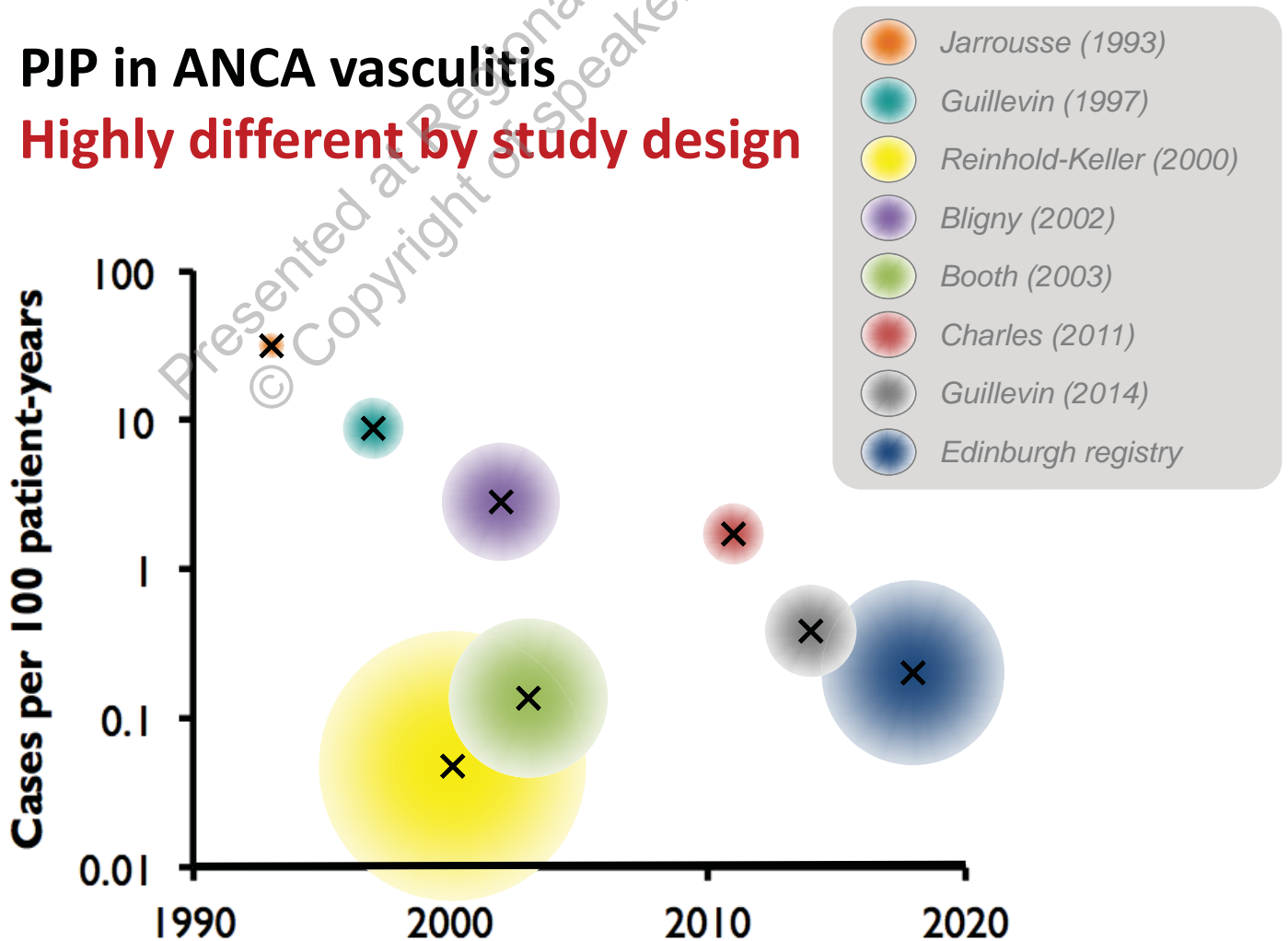
Based on this assertion, most of aforementioned diseases do not need prophylaxis

| Event rate (%) | NNT | Clinical conditions among immunocompromised HIV-uninfected patients |
|----------------|------|--|
| 10 | 11 | Allogeneic bone marrow transplant, acute lymphoblastic leukemia, solid organ transplant, severe combined immunodeficiency syndrome |
| 3.5 | 32 | Wegener granulomatosis, rhabdomyosarcoma |
| 1.5 | 73 | Non-Hodgkin disease, central nervous system tumors, polymyositis/dermatomyositis |
| 1 | 110 | Systemic lupus erythematosus, polyarteritis nodosa, scleroderma, Pemphigus, long-term corticosteroid |
| 0.1 | 1099 | Rheumatoid arthritis |

If the reported incidences of PJP are not correct...

| Incidence (%) | Disease types in non-HIV-infected patients |
|---------------|--|
| 10 | Allogeneic bone marrow transplant, acute lymphoblastic leukemia, solid organ transplant, severe combined immunodeficiency syndrome |
| 3.5 | Wegener granulomatosis (ANCA vasculitis) |
| 1.5 | Hodgkin disease, central nervous system tumors, polymyositis/dermatomyositis |
| 1 | Systemic lupus erythematosus, polyarteritis nodosa, scleroderma, pemphigus, pemphigoid, other long-term corticosteroid treatment |
| 0.1 | Rheumatoid arthritis |

PJP in ANCA vasculitis Highly different by study design



PJP in Non-Hodgkin's lymphoma treated with rituximab

Reported PJP infection rate: 1.7 % ~ 14%

| Author (ref) | Year | Pts. n. | Incidence (%) |
|----------------|------|---------|---------------|
| Kim (12) | 2013 | 713 | 2.0-4.5 |
| Kurokawa (13) | 2010 | 114 | 1.7-4.4 |
| Kamel (14) | 2010 | 47 | 4.3-10.6 |
| Hashimoto (2) | 2010 | 176 | 3.4 |
| Katusya (15) | 2009 | 129 | 3.2 |
| Venhuizen (16) | 2008 | 30 | 10 |
| Kolstad (10) | 2007 | 46 | 14 |

Leukemia & Lymphoma 2010; **51**:797–801

We are questioning the concept –
3.5% as a threshold for PJP prophylaxis
in HIV-negative patients.

True incidence?

Impact of PJP ?

Benefits of
prophylaxis
outweigh adverse
effect?

It is very difficult to answer these questions by a single center or a group.

True incidence?

Impact of PJP ?

Benefits of prophylaxis outweigh adverse effect?

A hospital based study:

Advantage:

Solid evidences for diagnosis of PJP

Limitation:

Sample size is small.

High diversity in clinical characters and treatment regimens.

Even in a giant center or an alliance

- During this time frame, a significant number of **patients may receive rituximab at outside institutions either before or after care at the studied centers.**
- No data of the entire population.



全民健康保險研究資料庫

National Health Insurance Research Database



台湾

TAIWAN



全民健康保險研究資料庫

National Health Insurance Research Database

Taiwan National Health Insurance (NHI) has been 23 years since its historical inauguration in 1995.

NHI cover 99.9% of Taiwan population, with universal health coverage to Taiwan's population of 23.5 million.

HV database & National Health Insurance Database 2006/01~2013/12

Newly diagnosed HIV uninfected, Non-Hodgkin lymphoma (ICD 9:
200, 202): n= 20961

Presented at Regional MMTN 15-18 Nov 2018.
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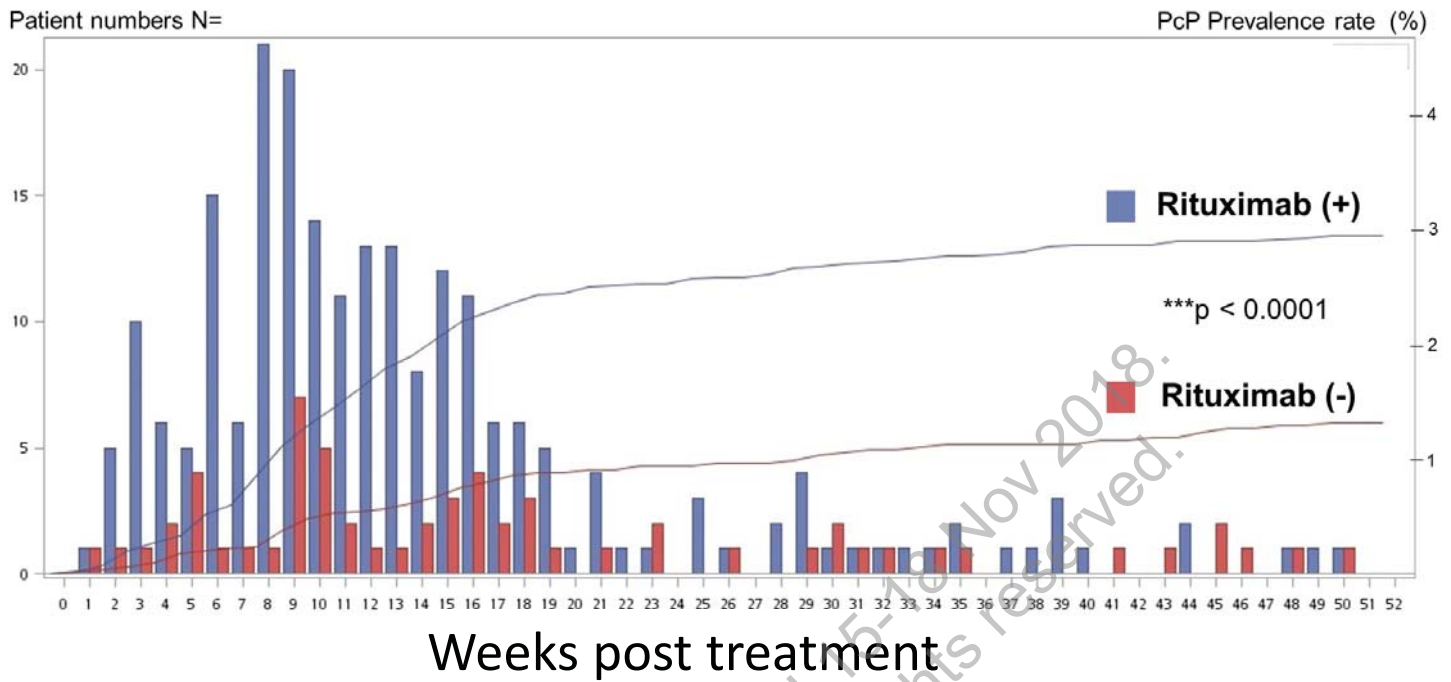
Rituximab is associated with higher PJP, not with CMV

| | Rituximab (+) N=7554 | Rituximab (-) N=4604 | p value |
|---|-------------------------|-------------------------|---------|
| <i>P. jiroveci</i> pneumonia (PJP) | 223 (2.95%) | 61 (1.32%) | <0.0001 |
| Cytomegalovirus (CMV) | 75 (0.99%) | 45 (0.98%) | 0.93 |

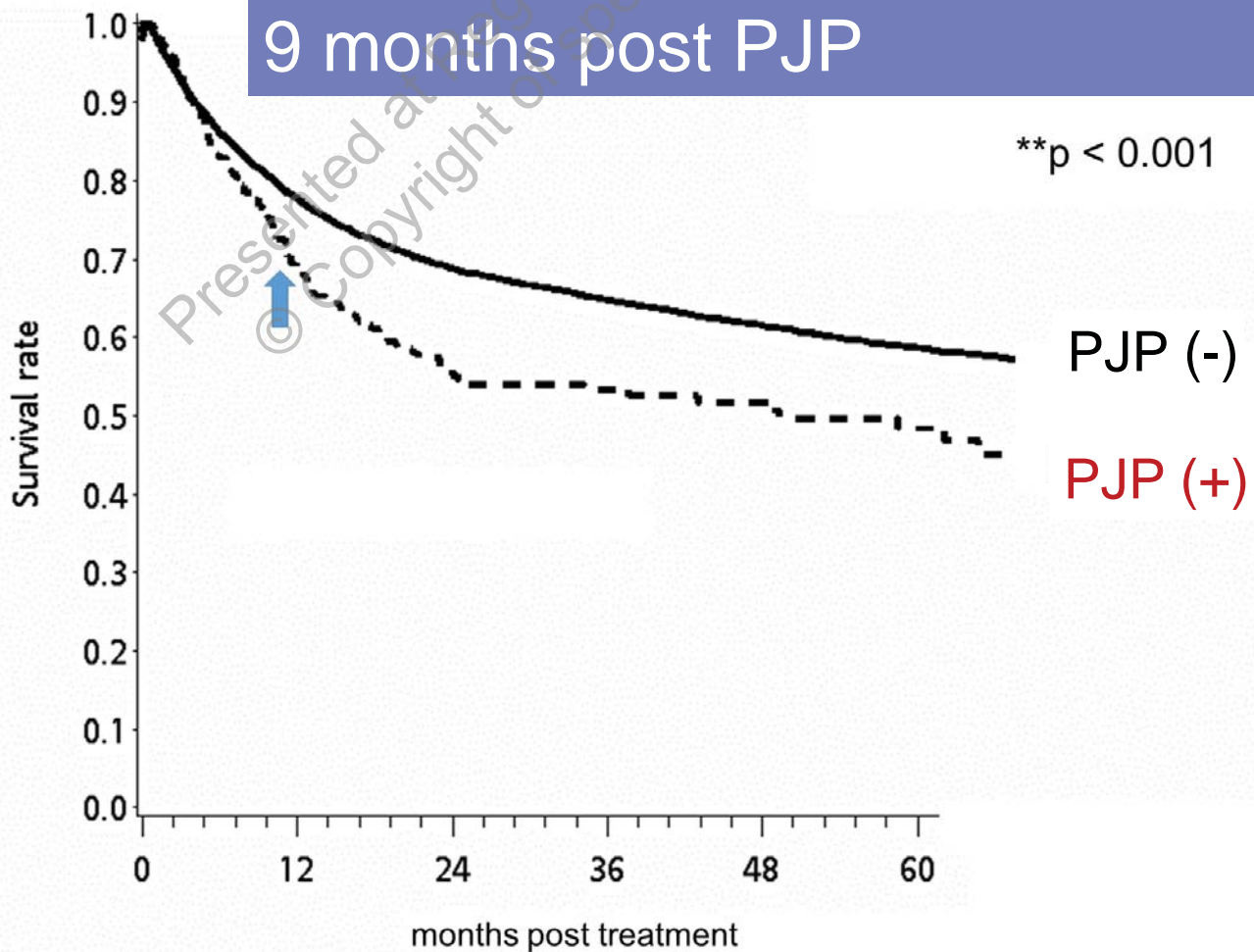
Only male gender is associated with a higher incidences of PJP

| | Rituximab(+) group | | p value |
|-------------------------------|-------------------------|--------------------------|---------|
| | PJP (+) N=223 (100%) | PJP (-) N=7331 (100%) | |
| Age (y) | 59.4 ± 14.7 | 61.1 ± 16.1 | 0.14 |
| Gender ratio | | | <0.0001 |
| Male | 150 (67.2%) | 3988 (54.4%) | |
| Female | 73 (32.7%) | 3343 (45.6%) | |
| Chronic pulmonary disease | 67 (30.0%) | 2557 (34.8%) | 0.13 |
| Rheumatologic diseases | 50 (22.4%) | 1799 (24.5%) | 0.46 |
| Diabetes mellitus (DM) | 41 (18.3%) | 1653 (22.5%) | 0.14 |
| DM with chronic complications | 11 (4.9%) | 444 (6.0%) | 0.48 |
| Chronic kidney disease | 50 (22.4%) | 1799 (24.5%) | 0.46 |

PJP mainly attack within the initial 4 months after 1st dose of rituximab



detrimental effect persisted up to 9 months post PJP



True incidence?

~ 3%

Effect of PJP?

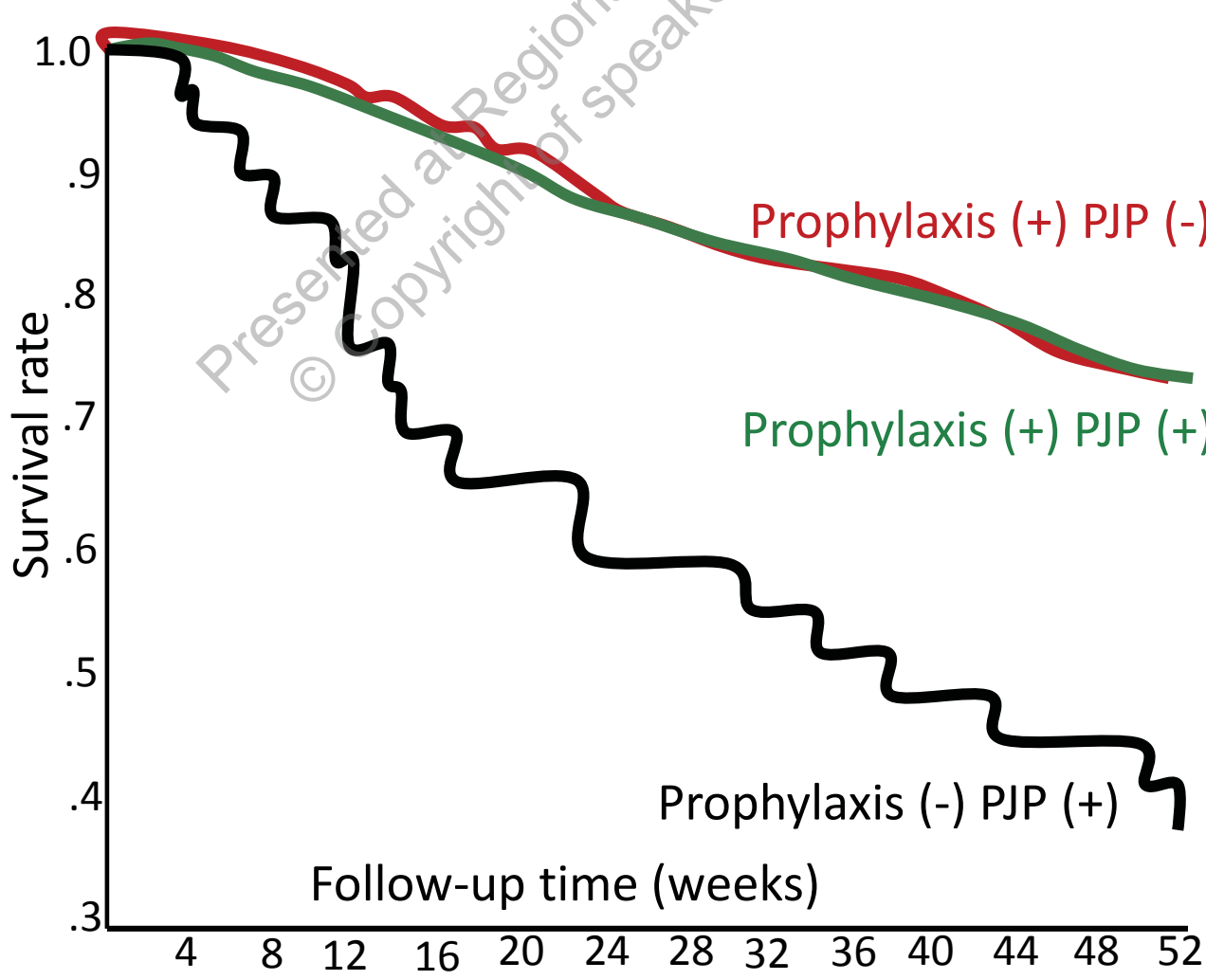
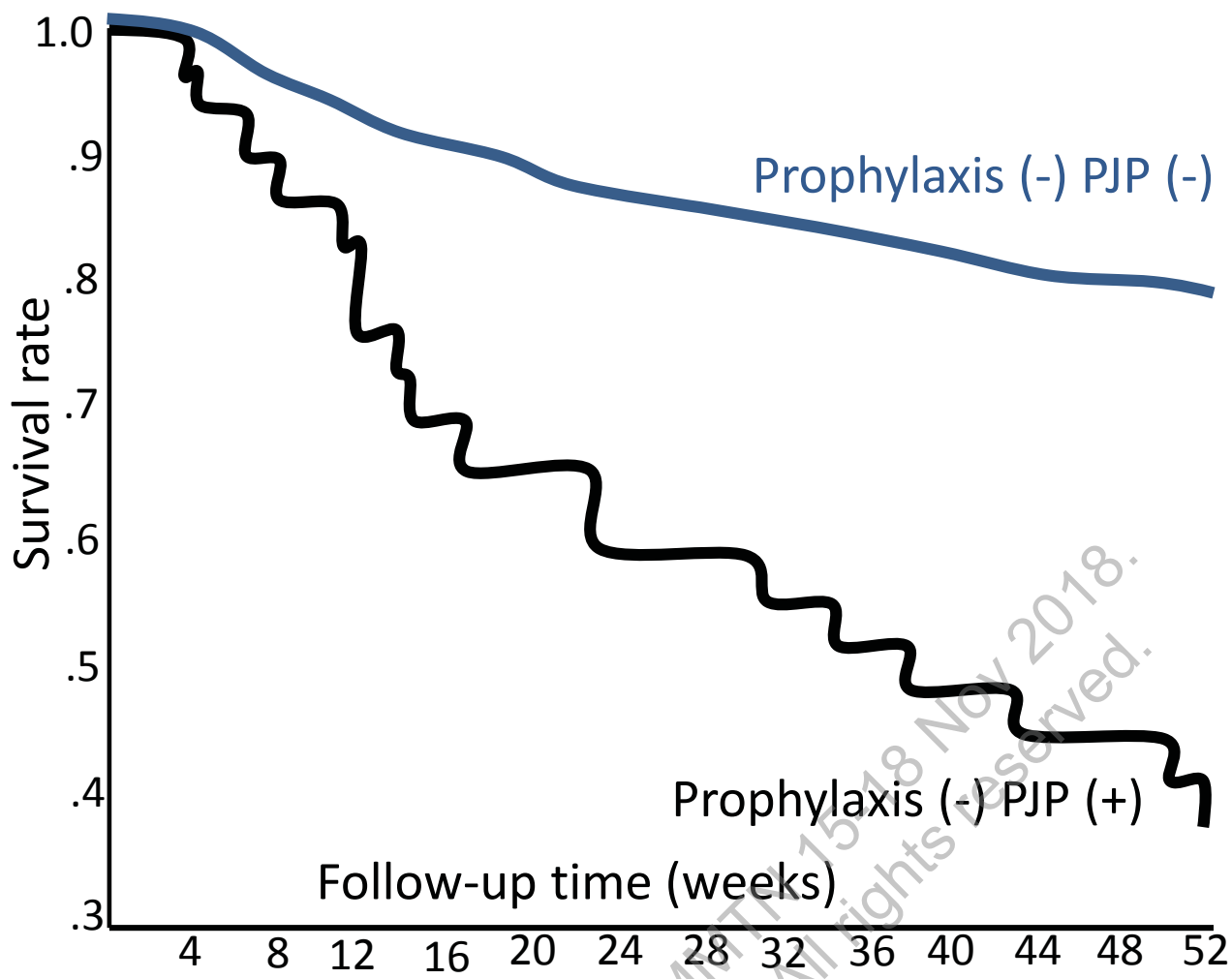
~ severe

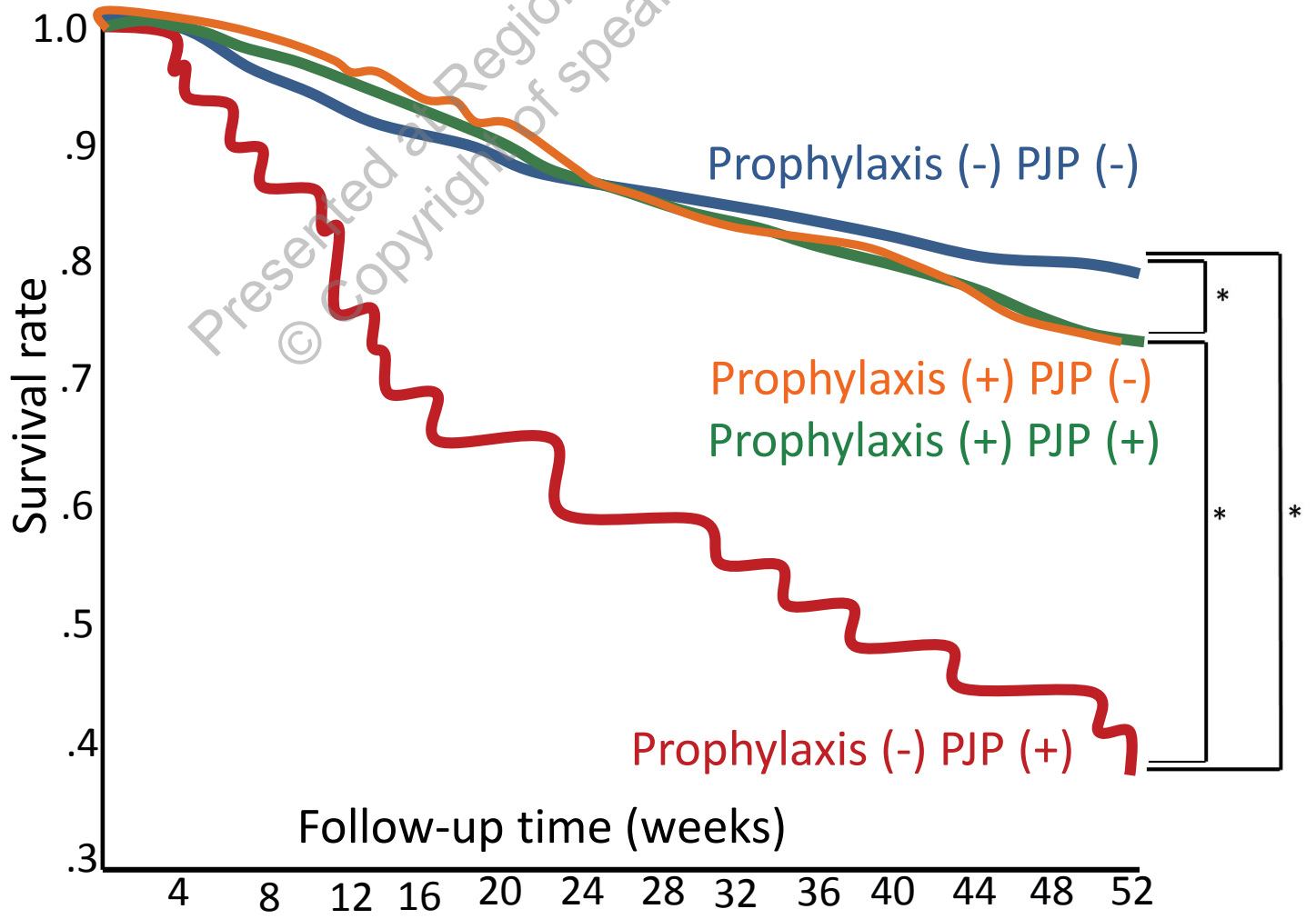
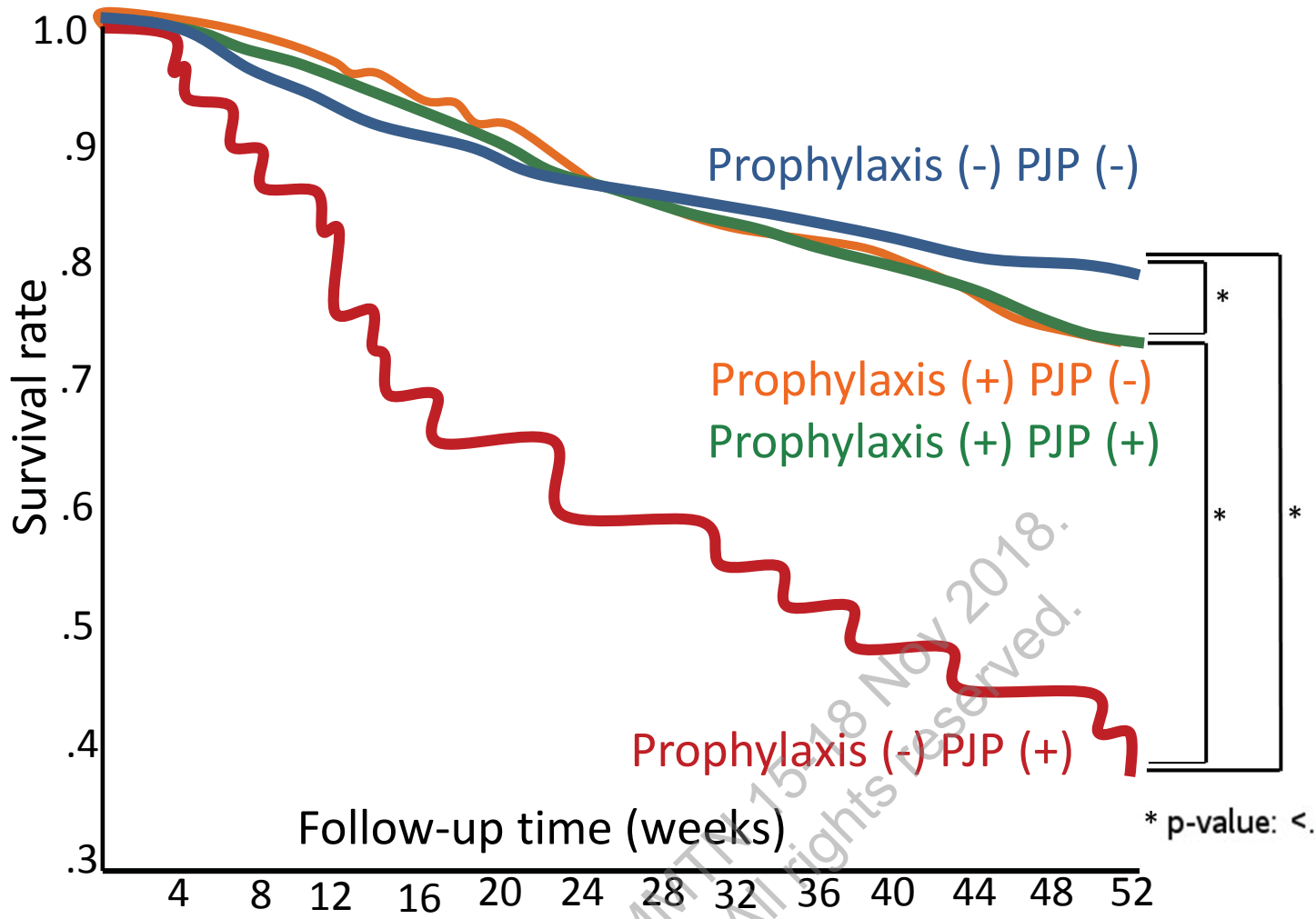
Benefits of prophylaxis outweigh adverse effect?

Does prophylaxis bring benefits outweighing the adverse effects?

The question can be divided into several parts:

- Does PJP prophylaxis reduce PJP-related mortality?
- Does PJP prophylaxis reduce all-cause mortality?
- Is PJP prophylaxis safe and/or well-tolerated?





Does prophylaxis bring benefits outweighing the adverse effects?

The question can be divided into several parts:

- Does PJP prophylaxis reduce PJP-related mortality?
YES
- Does PJP prophylaxis reduce all-cause mortality?
YES
- Is PJP prophylaxis safe and/or well-tolerated?

Does prophylaxis bring benefits outweighing the adverse effects?

The question can be divided into several parts:

- Does PJP prophylaxis reduce PJP-related mortality?
YES
- Does PJP prophylaxis reduce all-cause mortality?
YES
- Is PJP prophylaxis safe and/or well-tolerated?

TMP-SMX prophylaxis is not safe?

- Trimethoprim-sulfamethoxazole (TMP-SMX) causes adverse drug reactions (ADRs) in **40–80% of HIV infected** individuals compared to **3–5% in HIV-uninfected** individuals

Cutaneous drug reactions in human immunodeficiency virus infection.
Coopman SA, Stern RS. Arch Dermatol. 1991 May; 127(5):714-7.

Adverse effect of TMP-SMX is in dose-dependent fashion

- 21/52 (40.3%) pneumocystis pneumonia & AIDS developed an ADR.
- skin rash in 10/52 (47.6%), liver function impairment in nine (42.9%), elevated creatinine in 8 (38.1%), fever in 4 (19%), and gastrointestinal symptoms in 3 (14.3%).
- Most of the ADRs occurred within the 2 weeks of TMP/SMX therapy.
- **A daily dose of TMP/SMX of ≥ 16 mg/kg (HR, 3.8; 95% confidence interval, 1.40-10.35; $p = 0.009$) were independently associated with**

>12 tablets/day

High daily doses of trimethoprim/sulfamethoxazole are an independent risk factor for adverse reactions in patients with pneumocystis pneumonia and AIDS. **J Chin Med Assoc.** 2016 Jun;79(6):314-9.

Low dose of TMP-SMX is effective

First-line choice

trimethoprim/sulfamethoxazole; all other alternatives are inferior (**A-II**)

(One single-strength (80/400 mg) tablet/day or Two tablets/day or trice a week)

Second-line choice^a

dapsone (50 mgX2/day) (B-II)

atovaquone (1500 mg/day) (B-II)

pentamidine aerosols (300 mg once/month)

pentamidine intravenously (-)

If adverse drug reactions appear?

- Life threatening ADRs from TMP-SMX are rare.
- Adverse effects of TMP-SMX can be managed by stopping the drug.
- However, PJP is severe and can be devastating in HIV-uninfected patients.

Literature:

1. Treatment dosage (high)
2. Prolonged prophylaxis course (>2 years)

True incidence?

~ 3%

Effect of PJP?

~ severe

Benefits of prophylaxis outweigh adverse effect?
~ yes!

Last, but not the least

Adalimumab is not associated with higher risk of PJP

| | Case number | |
|------------------------------------|-------------|--------------|
| Adalimumab (anti-TNF-a) | 3700 | |
| | Case number | |
| PJP | 3 | 0.08% |
| CMV | 7 | 0.19% |
| Herpes zoster | 337 | 9.1% |
| Pulmonary tuberculosis | 142 | 3.84% |
| Pneumonia | 617 | 16.68% |

| | Case number | | | Case number | |
|------------------------|-------------|--------------|------------------------------------|-------------|--------------|
| Rituximab | 8191 | | Adalimumab (anti-TNF-a) | 3700 | |
| | Case number | | | Case number | |
| PJP | 238 | 2.91% | PJP* | 3 | 0.08% |
| CMV | 106 | 1.29% | CMV | 7 | 0.19% |
| Herpes zoster | 1133 | 13.83% | Herpes zoster | 337 | 9.1% |
| Pulmonary tuberculosis | 230 | 2.81% | Pulmonary tuberculosis | 142 | 3.84% |
| Pneumonia | 2618 | 31.96% | Pneumonia | 617 | 16.68% |

Presented at Regional MMTN 15-18 Nov 2018.
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Conclusion

- In the era of biologic agent, PJP remains a threat for some treatments.
- PJP prophylaxis is simple and effective.
- PJP prophylaxis is needed during rituximab therapy in HIV-uninfected patients with pemphigus or non-Hodgkin lymphoma, and should last for 4~6 months

Prophylaxis of PJP outweigh the potential adverse drug effect

trimethoprim/sulfamethoxazole; all other alternatives are inferior (**A-II**)

© (One single-strength (80/400 mg) tablet/day or Two tablets/day or trice a week) (B-II)

Second-line choice^a

dapsone (50 mgX2/day) (B-II)

atovaquone (1500 mg/day) (B-II)

pentamidine aerosols (300 mg once/month)

pentamidine intravenously (-)

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Thank you for listening.

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